

# elequil aromatabs®

aromatherapy designed for the clinical setting

## The Patient Experience

*Patient's Stories on how Elequil® Positively Impacted their Hospital Experience*

### MRI:

**The aromatabs are a life saver. I was trampled 5 years ago at a sporting event and have been unable to complete an MRI ever since** due to my anxiousness and fear of tight spaces. I was sitting in the room waiting, losing my mind because I forgot my Valium® when I saw the sign about aromatabs. The tech gave me one and it made a world of difference and **I was finally able to complete my first MRI in 5 years.** Thanks.

~ Kisha, Greenbelt, MD

**I was given the lavender aromatab to help me get through an MRI** at the Hospital for Special Surgery in NY. What a great idea to use aromatherapy for an MRI! **Really helped. Loved the tab so much I wore it all day!** I would be so glad to have some more for use at home when just relaxing with a cup of tea - great to have a little aromatherapy at home, too! Thank you Beekley!

~ Susan, New York

**I recently had my first MRI at Diagnostic Imaging. I was initially very anxious** when I was entering the open MRI. The tech had to bring me out and offered the lavender tab and **I was calmed instantly and was able to complete the 20 minute MRI without further incident.** I am a true believer in this product!

~ C Shaw, Milford, CT

**I was first given a tab to use by the Radiology Dept at the Mt. Kisco Medical Group** in Westchester County NY. I was scheduled for a battery of tests including MRI's and MRA's and **was very anxious both because of my diagnosis and the actual testing.** I was given the lavender/sandalwood tab and initially was not very optimistic regarding its impact...I was wrong!! **The scent is so soothing and calming and somehow managed to calm me during the procedure.** I asked the staff who were kind enough to give me an extra one that I wore the day of my surgery! It helped me enough that **I did not have to take Ativan or Valium or any other agent during the testing process.** I highly recommend trying this product...I think of it as a calming agent that you don't have to drink or take in pill form! I am also a retired Physician Assistant who worked 30 yrs in Psychiatry and plan to return to work part time after my medical issues resolve. I will most likely use this product on my anxious patients and I feel very hopeful regarding its results. Congrats to the developers of this tab...you succeeded!!

~ Diana, Scarsdale, NY

### Inpatient:

**I am a patient at Fairview Ridges Hospital. I was feeling queasy and unsteady in bed.** My nurse suggested the Orange/Peppermint aromatab. I was surprised that the hospital supplied essential oils. She brought it and attached it to the bed rail. **Within 10 minutes I started to feel better.** I have used the Lavender/Sandalwood every night at bedtime and the orange in the afternoon each of the five days I've been here. **I believe they have contributed to my healing.**

~ Bob L, Burnsville, MN

### Caregiver/Family Member:

**Last summer my husband had emergency surgery and had to stay in the hospital for several days. I stayed and never left his side. As anyone who has slept at a hospital knows it is a miserable and uncomfortable experience, especially considering I am prone to anxiousness.** I found these little packets in the bag they leave the patient with bathroom essentials and figured I'd try them. The Lavender-Sandalwood was the scent that we had been given. It was a perfect blend and **really helped me relax. I stuck it on my upper chest so I could easily inhale it and the scent easily lasted 24 hours.** I'm definitely ordering more!!

~ Debbie, New York, NY

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### IV Insertion:

*I was given an Elequil tab when **I experienced anxiousness, lightheadedness, and queasiness while having an IV inserted** for a hospital procedure. I don't have a history of difficulty with medical procedures, so I wasn't prepared for this kind of reaction, and I was so relieved when the nurse brought me an orange-peppermint Elequil aromatab to ease my discomfort. **Within minutes, I was no longer nauseated and felt deeply relaxed.** I took note of the brand and ordered some as soon as I got home. What a wonderful product.*

~ L. Hooper, New York, NY

*This product does an **EXCELLENT** job keeping my stomach and nerves calm. I have recently started an IV therapy treatment to control my Lupus. **My stress surrounding the treatments diminishes my quality of life for a couple days before and after the treatment.** Fortunately, an angel introduced me to the Elequil aromatabs. **The lavender tabs are absolutely life changing.** They could not be easier to administer, just peel open and stick onto your clothing. Within minutes, the sensory magic begins and I'm relaxed. The aromatabs last for hours and **give me a great piece of mind while it reduces my stress and apprehension before, during, and after the IV procedure.** The procedure still is not pleasant but in conjunction with the Elequil Lavender tabs, I'm 98% more comfortable than I was without using them. I'd recommend this product to anyone to try.*

~ Linda, Plainville, CT

### Breast Biopsy:

*I had a breast biopsy yesterday. Three samples were taken, and **it was an intense experience.** I was the very first patient my clinic used these aromatherapy tabs on, and my team was very, very excited. I couldn't think of the words for how soothing this was, but I thought of it after. **It was grounding. In a hospital setting, it's easy to feel lost in an alien place, while feeling physically violated. A familiar smell really helped me subconsciously know that I was in a temporary place,** that the world outside was still there, and that hospital "This Is All There Is" trapped feeling wasn't even an issue. Overall, I am pleased with your product.*

~ Emily, Bedford, NH

### Cancer Treatments:

*My teenage daughter was diagnosed with Hodgkin's Lymphoma. **Her treatment includes massive doses of steroids which had been keeping her from sleeping.** A dear friend brought us the Elequil tabs and my daughter absolutely loves them. **She puts them on her pillow and it helps her sleep.** What a fantastic product! We highly recommend them. Thank you!!!*

~ Beth, West Hartford, CT

*Elequil aromatabs is the **best product for calming.** I get so nervous **going for a checkup** to get my blood drawn and then having to wait a couple hours for the results to see where my numbers are for my cancer - they will either be good or bad. Elequil gets me through it.*

~ Johnny W, Patient Waukegan, IL

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when your diagnosis must be right®

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